

# Sample Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8 Chicken Patties w/ Rice Fresh Fruit Skewers Salad / Dessert	9 Spaghetti w/ or w/o Meatballs(sauce on side) /Garlic Bread Salad/ Dessert	10 Shepherd's Pie Fresh Vege's Salad/Dessert	11	12
13	14	15 Chicken Tacos & Cheese Quesadilla's/ Rice Salad/Veges/Dessert	16 BBQ Pork Sliders/Salad Mashed Potatoes Fresh Fruit/Dessert	17 Ooey Goey Cheesy Lasagna/ Garlic Bread/ Salad/ Dessert	18	19
20	21	22 Hamburger & Fries Salad/ Ice Cream Sandwiches	23 Kid approved Mac & Cheese/ Carrots/Fresh Fruit/ Dessert	24-Johnny Appleseed BBQ Chicken Legs/Rice/ Veges/ Salad/Apple Pie	25	26
27	28	29 Beef Tacos and Cheese Quesadilla's/ Rice/ Salad/ Churros	30 Pasta Alfredo (chicken on the side)/ Veges/ Salad/ Dessert			